

Lundi	Mardi	Mercredi	Jeudi	Vendredi	Samedi	Dimanche & Jours Fériés
09h15 (45) aquafitness		09h15 (45) aquafitness		09h15 (45) aquafitness		09h15 (45) aquafitness
10h15 (45) aquafitness		10h15 (45) aquafitness		10h15 (45) aquafitness	10h15 (45) bodypalm	10h15 (45) aquabiking
11h15 (45) aquabiking	11h30 (30) aquabiking	11h15 (45) aquabiking	11h30 (30) aquabiking	11h15 (45) aquabiking	11h15 (45) aquabiking	11h15 (45) aquafitness
12h15 (45) aquafitness	12h15 (45) aquarytmo	12h15 (45) aquaboxing	12h15 (45) aquafitness	12h15 (45) aquafitness	12h15 (30) new aquaboardfit	
13h00 (30) aquabiking	13h00 (45) aquabiking	13h00 (30) aquabiking	13h00 (45) aquabiking	13h00 (30) aquabiking		

17h00 (30) aquabiking		17h30 (30) aquabiking	17h30 (30) aquabiking	17h30 (45) aquabiking
17h30 (45) aquabiking	17h30 (45) aquabiking	18h00 (45) aquafitness	18h00 (30) new aquaboardfit	
18h30 (45) aquaboxing	18h30 (45) aquafitness	19h00 (45) aquabiking	18h30 (45) aquafitness	18h30 (45) aquaboxing
19h30 (30) aquabiking	19h30 (45) bodypalm		19h30 (45) aquabiking	19h30 (45) aquafitness
20h15 (30) new aquaboardfit	20h30 (30) aquabiking	20h00 (15) new swimcross <small>à partir du 20/09/17</small>	20h15 (45) aquafusion	20h30 (45) aquabiking



planning aquafitness

À compter du 4 septembre 2017